

Summer Camp SAMPLE MENU: *(may vary slightly from week to week)*

Sunday Dinner: sandwich bar, chips, cookie

Monday Breakfast: French toast, sausage, fruit, cold cereal

Lunch: mac & cheese, green beans, pudding

Dinner: hamburger rice casserole, corn, tossed salad, apple crisp

Snack: popcorn

Tuesday Breakfast: baked oatmeal, hard-boiled egg, fruit, cold cereal

Lunch: tuna noodle casserole, peas, carrot sticks, cookies

Dinner: BBQ Beef, Buns, tossed salad, chips & salsa, cake

Snack: cookies and milk

Wednesday Breakfast: *(Cabin Cookout)* eggs, potatoes, blueberry pancakes, fruit, juice

Lunch: pizza rolls, salad, fruit

Dinner: spaghetti & meat sauce, Caesar salad, French bread, pudding

Snack: Brownies & milk

Thursday Breakfast: pancakes, scrambled eggs, apple sauce, cold cereal

Lunch: quesadillas, tomato soup, veggies & dip, blonde brownies

Dinner: hamburgers or hot dogs, roasted potatoes, veggie sticks, lemonade, s'mores

Friday Brunch: breakfast casserole *(eggs, cheese, potatoes)*, cinnamon rolls, fruit, cold cereal

An afternoon snack, such as pretzels, cheese slices, apple wedges, will be served each day.

We apologize, but with only a small crew of volunteer kitchen help, grocery stores that are at least an hour away, limited time and funds, we are unable to prepare additional meal substitutions based on camper preferences.